Calgary Saracens RFC EMERGENCY ACTION PLAN

Emergency Contacts	Addresses	Charge / Call People
Emergency: **9-1-1** **Facilitator/Coach:** Name: Gary Dellow Phone: 587-664-9722 **Facilitator:** Name: Dylan Tickner Phone: 403-880-5566 Nearest Hospital Minors - Alberta Children's Hospital 28 Oki DR NW, Calgary PH-403-955-7211 Adults - Foothills Medical Centre 1403 29ST NW, Calary PH-403-944-1110	Training Facility: **Location and Directions:** 5563 112AVE NW Calgary Entrance is located on the north side of the facility off of 112Ave. Fields are located at the west end of the facility. **Ambulance access:** Access is from the entrance off of 112Ave. Field access is located at the west end of the parking lot. Nearest Medical centres 8730 Country Hills Blvd NW PH-403-262-7787 5149 Country Hills Blvd NW PH-403-241-8848	Charge Person Names: 1. On site Athletic Therapist or Advanced First Aider 2. Call Person Names: 1. 2.

Roles and Responsibilities

Charge person

- Clear the risk of further harm to the injured person by securing the area and shelter the injured person from the elements
- Designate who is in charge of the other participants
- Protect yourself (wears gloves if he/she is in contact with body fluids such as blood)
- Assess ABCs (checks that airway is clear, breathing is present, a pulse is present, and there is no major bleeding)
- Wait by the injured person until EMS arrives and the injured person is transported
- Fill in an accident report form

Call person

Call for emergency help

- Provide all necessary information to dispatch
    - facility location
    - nature of injury,
    - what, if any, first aid has been done
- Clear any traffic from the entrance/access road before ambulance arrives
- Wait by the driveway entrance to the facility to direct the ambulance when it arrives
- Call the emergency contact person listed on the injured person's medical profile

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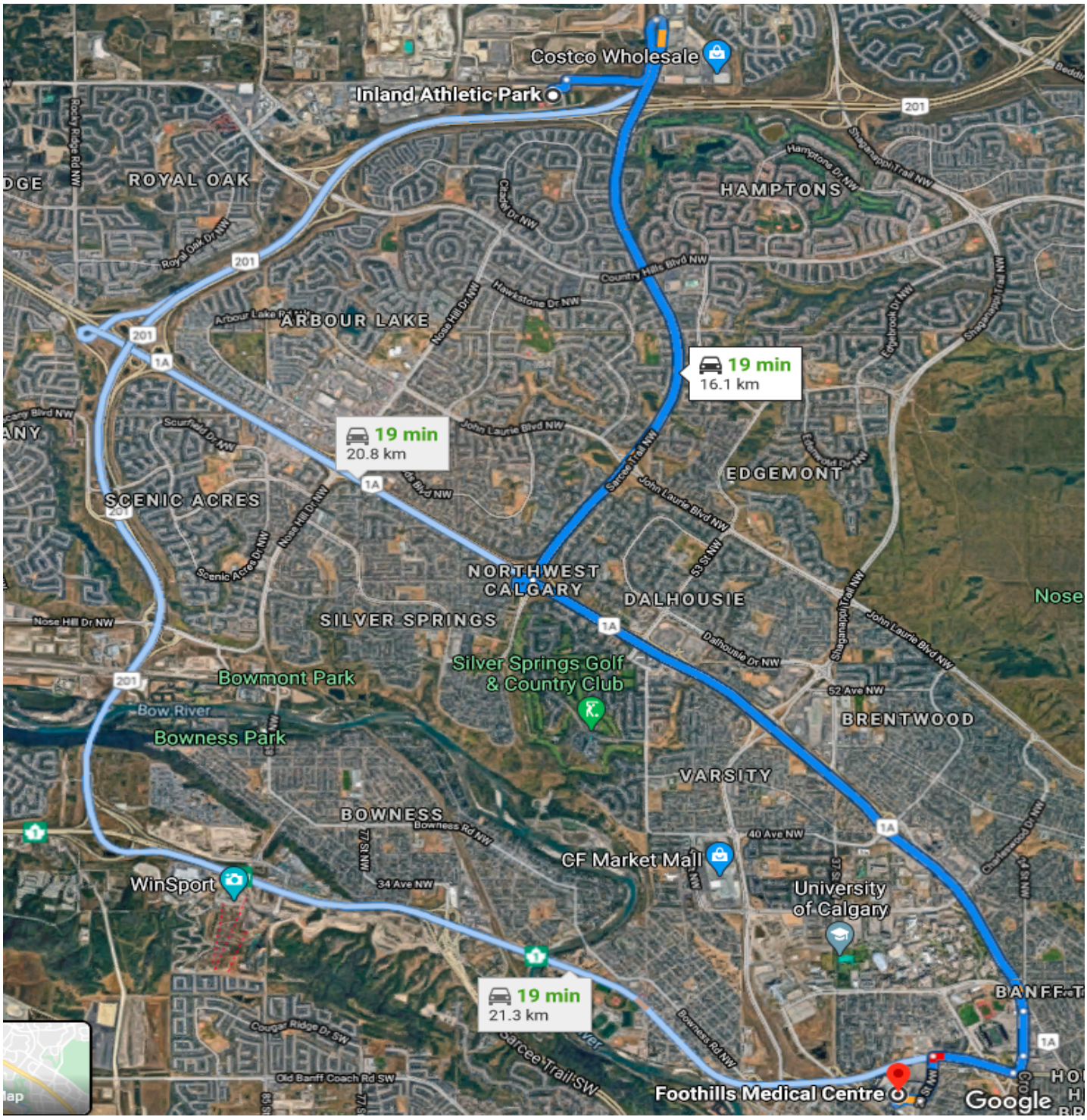
Foothills Medical Centre



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Alberta Children's Hospital